

Official Bio

# Shelley Klammer

## REACE, MTC, RCS

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### Designations

Shelley is a Registered Expressive Arts Educator/Consultant (REACE #32) with the [International Expressive Arts Therapy Association](#). She is also a Registered Counsellor and a Registered Counselling Supervisor (MTC, RCS #1019) with the [Association of Cooperative Counsellors of Canada](#).

### Publications and E-Courses

Shelley has written 20 [expressive arts e-courses](#) and [e-books](#) for personal and professional development on her website [Expressive Art Workshops](#) and through her [online classroom portal](#). Shelley offers expressive arts e-courses from beginner to advanced levels that support the self-expression of original thought, authentic emotions and intuitive insight. Shelley also supports expressive arts facilitators to [start art programs](#) in their own communities.

### Studio and Community Art

Shelley worked in [Artworks Studio](#) in Burnaby, BC for nine years with a team of artists and art therapists to maintain a large working art studio program, providing projects in painting, poetry, textiles, clay and weaving to artists with varying levels of dementia and physical challenges.

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Shelley has developed and presented many therapeutic art programs over the years to various populations. Shelley has developed art studio programs for [incarcerated youth](#), and adults with acquired brain injuries and developmental disabilities. Shelley is a founding member of [Magpie's Nest Community Art Space](#) in Vancouver [facilitating expressive arts for parents and children](#) in local communities.

## Counselling and Supervision

Shelley offers [one-to-one expressive arts facilitation](#) and [creative counselling](#) via phone and video with a depth-oriented approach. She also supports arts facilitators to originate their authentic art facilitation style through her [online peer support group for expressive arts facilitators](#) and she provides creative [process-oriented supervision](#) to counsellors.

## Expressive Arts Initiatives

Shelley maintains three online sharing portals that promote the healing benefits of the expressive arts. [Creative Healing Stories](#) is a sharing portal that celebrates the therapeutic power of the expressive arts as they support the transformation of emotional pain into personal purpose. [Art Programs Around the World](#) celebrates grassroots expressive arts facilitation efforts around the world. [Creative Process Portal](#) is place for artists to share how their creative process supports self-awareness, emotional healing, and soul connection.

## Peer Support for Expressive Arts Facilitators

Shelley facilitates a free international [online support group](#) for expressive arts facilitators. She also shares free articles on emotional healing and arts facilitation on her [Expressive Art Inspirations Blog](#).